



## EMPOWER YOUR VOICE

At **Bespoken**, we are passionate about helping you speak your story, **find your voice**, and command any room you enter.

Handcrafted for **individuals** and **groups**, Bespoken trainings are interactive, on-your-feet, and designed to ingrain effective communication skills for the long-term. We adapt **theatrical techniques** backed by **science** to give you personalized tools to make powerful verbal and physical choices on your own.

### INDIVIDUAL TRAINING

Improve your own communication and presentation skills in a **safe space** with a **trusted outside eye** through individual training.

We customize a process based on your needs and timeline to help you ingrain effective communication and presentation skills for the long-term. Whether you're embarking on interviews, seeking tools to speak up in meetings or preparing for a public speaking opportunity, we'll give you techniques tailored for your voice to help you own any room you enter and control the impression you make.



#### We are Leah and Jackie

We don't tell you what to say or how to say it. We give you tools tailored for your voice so you find your voice and own it.

Friends who met in acting school a decade before, we channel years of professional theater experience into adapting techniques to improve public speaking and professional communication skills.

**HONE IT**  
Articulate your message  
Know your audience  
Speak your story

**STONE IT**  
Improve vocal command  
Build physical presence  
Diffuse nerves

**OWN IT**  
Command a room  
Think on your feet  
Communicate consciously



**PRACTICE**

- Public Speaking + Presenting
- Physicality + Presence
- Vocal Command + Control
- Preparation + Practice
- Collaboration + Listening
- Leadership

